Therapeutic Relationships: Challenges for Mental Health services and those who use them

Wednesday 7th - Thursday 8th September 2016

@ Peter Chalk Centre, Streatham Campus, University of Exeter

Speakers include: Marcus Evans, Suman Fernando, Mark Hopfenbeck, Eleanor Longden, Silje Marie Strandberg & Lone Viste Fagerland

NICE guidelines recommend ‘best practice’ based on a ‘model’ of care. However there is considerable evidence that the therapeutic relationship is as important if not more so than the approach used. Experts by experience, family members, friends and professionals from multiple and varied backgrounds come together to consider the importance of the therapeutic relationship throughout the lived experience of psychosis.

Topics to be covered include:

• Personal accounts of what can help/hinder the development of therapeutic relationships
• How organisations can help/hinder the development of therapeutic relationships
• Specific difficulties in this area experienced by members of black and minority ethnic groups
• Open Dialogue approaches
• Compassion - for others, ourselves and our experiences
• Attachment theory – how this may help us understand relationships

In addition to speaker led sessions there will be a full programme of workshops and paper/research presentations covering a wide range of topics relevant to the conference theme. If you are interested in presenting then look out for the call for papers and workshop abstracts later on this autumn.

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